## LIST A – CAMPING GEAR

Pack these items in your duffel bag or suitcase. Do not use a backpack with metal frame.

- Label every item clearly with your name.
- Bring your camping gear to the EBS loading dock the day before the field trip departs. The next time you will have access to your gear will be the following evening.
- Do not tie or bungee together your sleeping bag, duffel bag and other gear into one long linked bundle.
- Do not pack breakables. Your gear will be handled roughly.

~	Camping Equipment
	Sleeping bag adequate to sub-freezing
	temperatures
	Ensolite/foam pad/air mattress
	Waterproof ground cloth/tarp
	Flashlight with new batteries
	Duffel bag/suitcase.
	Small tent with rain fly
$\checkmark$	Personal Toilet Items
	Toothbrush, toothpaste
	Shaver/razor blades
	Moist towelettes (optional)
	Soap
	Shampoo, conditioner
	Deodorant
	Hand lotion
	Coffee mug. No drinking containers are provided.
$\checkmark$	Clothing
	We will be experiencing temperatures from
	freezing to 100s; it is not unrealistic to expect
	thundershower activity; therefore, be prepared to
	be wet, dry, hot, and cold. We will be stopping to
	do laundry on day 7 or 8, so it is not necessary to
	bring 2 weeks worth of clothing.
	Adequate clothes for both hot and cold weather
	Hiking boots/shoes
	Jacket or sweatshirt
$\checkmark$	Optional
	Music with individual headphones - for camp use
	music minimumuu neuupiones noi cump use
	only.

DO NOT BRING: Drugs, alcohol, firearms, climbing gear, or boom boxes. Any possession or use of drugs or alcohol on this trip will result in severe disciplinary action, including failure in the course and being sent home at the nearest opportunity and billed for the transportation costs. Please do not compromise our program in this way.

## LIST B – DAY STUFF

Pack these items in your daypack. Bring it with you on the morning of departure and take it with you on the bus. For daytime use in the van, an under-seat Tupperware container (approximately  $10^{"} \times 14^{"}$ ) is useful for keeping your stuff together.

$\checkmark$	Note Taking Items
	REQUIRED TEXT 💝
	10x HAND LENS (optional)
	3-ring binder for handouts (1" thick)
	Lots of standard lined paper, 3-hole punched, 8 1/2 x
	11 in or a field notebook for field notes
	Lined paper for quizzes
	Pens - black or blue
	Colored pencils, pencil sharpener
	Straight edge
	White-out
$\checkmark$	Daily Clothing
	Jacket or sweatshirt
	Swimsuit, towel
	Hat with brim
	Long sleeved, light-weight, light-colored shirt (for sun
	protection)
	Closed-toed shoes for hikes
	NO FLIP FLOPS!
$\checkmark$	Other Items/ Personal Gear
	We will be making frequent stops for groceries,
	refreshments, etc. so it will be possible to pick up
	personal items enroute, but to avoid the hassle, bring
	a 13-day supply of your personal gear with you.
	Lunch (1 <sup>st</sup> day only)
	Water bottle, filled
	Sunscreen
	Sunglasses
	Binoculars (if you've got them)
	Chapstick
	Kleenex/toilet paper
	Soap, shampoo, deodorant
	INSECT REPELLENT !! 🕷 🚫
	Compact, flat-folding chair
	Information about your private medical insurance
	including name, policy number, details, deductibles,
	etc. plus how to file a claim
$\checkmark$	Photographic Gear/Camera Camera (optional)
	If you do not already own a medium to good quality
	camera, then beg, borrow, or steal to get one, as the
	photographic opportunities on this trip are
	phenomenal. U-V and polarizing filters are
	recommended if you have them. Bring plenty of film
	or memory cards and batteries.
	<b>Electronics.</b> Inverters will be available on a limited
	basis for charging cell phones, camera batteries, etc.